Chorégraphies apprises Saison 2026-2027 Débutantes

DATE	DANSES & CHORÉGRAPHE(S)	JOUR	LIEU	MUSIQUE	LIEN VIDEO	FICHE
07-sept	**DANCE BY MY SIDE** (Vicky Hamilton)	**Lundi**	La Verrière	Bachata - *Kay one ft. Cristobal*	https://www.youtube.com/watch?v=7ZBnbb654gc	dance-by-my-side-fr (1).pdf
	EASY COLD HEART AB (Michele Burton)	**Lundi**	La Verrière	Cold heart - *Elton John & Dua Lipa*	https://www.youtube.com/watch?v=6cHYDE5-c_4	easy-cold-heart-ab.pdf
	OVER THE MOON (Stephen & Claire Rutter)	**Lundi**	La Verrière	Runaround Sue - *The Overtones*	https://www.youtube.com/watch?v=tYRDD5B4j8Y&t=59s	over-the-moon.pdf
09-sept	**COCO NA NA** (Alison Johnstone & Joshua Talbot)	**Mercredi**	St Forget	Everything's alright - *Azteck, DJ Koko & Kurt D*	https://www.youtube.com/watch?v=ohgguHEXgKI	coco-na-na.pdf
	MAMMA MARIA (Franck Trace)	**Mercredi**	St Forget	Mamma Maria - *Ricchi e Poveri*	https://www.youtube.com/watch?v=7Le9ylIL2N0	mamma-maria-fr.pdf
	DANCING ON MY OWN (Virginie Semo)	**Mercredi**	St Forget	Dancing on my own - *Mosimann*	https://www.youtube.com/watch?v=CPr047djJBY	dancing-on-my-own-fr (2).pdf
09-sept	**AB WORKING 9 TO 5** (Lesley Stewart)	**Mercredi**	Coignières	9 to 5 - *Dolly Parton*	https://www.youtube.com/watch?v=MShev6VmfjQ	ab-working-9-to-5.pdf
	AH SI! (Rita Masur)	**Mercredi**	Coignières	Levantando las manos - *El Simbolo*	https://www.youtube.com/watch?v=vKNKjLL_NJE&t=53s	ah-si.pdf
	THANKS FOR DANCING (Natasha Cormier)	**Mercredi**	Coignières	Thank you for dancing - *Ziggy in tha house*	https://www.youtube.com/watch?v=nJ2G6NHmBRE	thanks-for-dancing.pdf
14-sept	**WORKING 9 TO 5** (Lesley Stewart)	**Lundi**	La Verrière	9 to 5 - *Dolly Parton*	https://www.youtube.com/watch?v=MShev6VmfjQ	ab-working-9-to-5.pdf
	ROCKET TO THE SUN (Maddison Glover)	**Lundi**	La Verrière	What you've done to me - *Samantha Jade*	https://www.youtube.com/watch?v=0dpphNS2uaY&t=65s	rocket-to-the-sun-fr (1).pdf
16-sept	**LOVE AIN'T** (Darren Bailey)	**Mercredi**	St Forget	Love ain't - *Eli Young Band*	https://www.youtube.com/watch?v=LjPYSYJVJFQ	love-aint-fr.pdf
16-sept	**BYE BYE MAMBO** (Helen Conroy)	**Mercredi**	Coignières	Bye bye (picolissima) - *David Civera*	https://www.youtube.com/watch?v=NDFOLUkrTrA&t=62s	bye-bye-mambo (3).pdf
21-sept	**ALCOHOL OF FAME** (Andrew Hayes & Heather Barton)	**Lundi**	La Verrière	Alcohol of fame - *Luke Combs*	https://www.youtube.com/watch?v=vpOt1kmDNT4&t=185s	alcohol-of-fame-fr (1).pdf
23-sept	**ZIGGY** (Gary Lafferty)	**Mercredi**	St Forget	I wanna dance with somebody - *Ziggy in tha House*	https://www.youtube.com/watch?v=DCjlxD74-jU	ziggy-fr.pdf
	ALCOHOL OF FAME (Andrew Hayes & Heather Barton)	**Mercredi**	St Forget	Alcohol of fame - *Luke Combs*	https://www.youtube.com/watch?v=vpOt1kmDNT4&t=185s	alcohol-of-fame-fr (1).pdf
23-sept	**SUMMER VIBES** (Arnaud Marraffa)	**Mercredi**	Coignières	Beat in the heat - *Derek Ryan*	https://www.youtube.com/watch?v=nPVIa8nEbec	summer-vibes-fr.pdf
	COCO NA NA (Alison Johnstone & Joshua Talbot)	**Mercredi**	Coignières	Everything's alright - *Azteck, DJ Koko & Kurt D*	https://www.youtube.com/watch?v=ohgguHEXgKI	coco-na-na.pdf
28-sept	**I LOVE THAT DANCE** (Tim Gauci)	**Lundi**	La Verrière	I love that dance)- *&5678 Productions*	https://www.youtube.com/watch?v=65a6rm09Cec&t=46s	i-love-that-dance.pdf
30-sept	**WELLERMAN AB** (Julie Snailham)	**Mercredi**	St Forget	Wellerman - *Nathan Evans Remix 220 Kid & Billen Ted*	https://www.youtube.com/watch?v=VVCP69iMirM	wellerman-ab.pdf
30-sept	***REVISIONS***	**Mercredi**	Coignières			
05-oct	**CLAYMORE SHUFFLE** (Guillaume Richard)	**Lundi**	La Verrière	Claymore Shuffle - *Axel*	https://www.youtube.com/watch?v=7Rfe-8yXPe4	claymore-shuffle-fr (1).pdf
07-oct	***REVISIONS***	**Mercredi**	St Forget			
07-oct	**ZIGGY** (Gary Lafferty)	**Mercredi**	Coignières	I wanna dance with somebody - *Ziggy in tha House*	https://www.youtube.com/watch?v=DCjlxD74-jU	ziggy-fr.pdf
12-oct	**MILES ON IT** (Andrew Hayes)	**Lundi**	La Verrière	Miles on it - *Marshmello & Kane Brown*	https://www.youtube.com/watch?v=i59EJ-6suzM&list=RDi59EJ-6suzM&start_radio=1	miles-on-it-fr.pdf
14-oct	**NOTHING'S GONNA CHANGE US** (A. Johnstone, JM Belloque, E. Van de Pol, G. Lafferty, H. Wheatley, L. Hamilton & R. Fowler)	**Mercredi**	St Forget	Nothing's gonna change my love for you - *DJ Galaga ft. Dean Saunders*	https://www.youtube.com/watch?v=T8T8KFKcSmc	nothings-gonna-change-us (1).pdf
14-oct	**LOVE AIN'T** (Darren Bailey)	**Mercredi**	Coignières	Love ain't - *Eli Young Band*	https://www.youtube.com/watch?v=LjPYSYJVJFQ	love-aint-fr.pdf
02-nov	***REVISIONS***	**Lundi**	La Verrière			
04-nov	**R & R** (Chris Godden & Mark Furnell)	**Mercredi**	St Forget	It's raining - *Ziggy in tha House*	https://www.youtube.com/watch?v=jGSI1iZlQ8E	rr (2).pdf
09-nov	**CHECK YOURSELF** (Shane McKeever & Niels Poulsen)	**Lundi**	La Verrière	It's not right but it's okay - *Whitney Houston (Felix. Jaehn mix)*	https://www.youtube.com/watch?v=o7Rz1CUkkj0	check-yourself.pdf
16-nov	**LOVE IS A GAME** (Maggie Gallagher)	**Lundi**	La Verrière	Love is a game - *The Castellows*	https://www.youtube.com/watch?v=sbEVcu50E9E&list=RDsbEVcu50E9E&start_radio=1	love-is-a-game-fr.pdf
18-nov	**BAD HABITS AB** (Julie Gillmore)	**Mercredi**	St Forget	Bad Habits - *Ed Sheeran*	https://www.youtube.com/watch?v=3pcjVvAU98c	bad-habits-ab.pdf
18-nov	**STEALING THE BEST** (Rosie Multari)	**Mercredi**	Coignières	Dance above the rainbow - *Ronan Hardiman*	https://www.youtube.com/watch?v=j2imfdejk6A&t=26s	STEALING-THE-BEST.pdf

Chorégraphies apprises Saison 2026-2027 Novices

DATE	DANSES & CHORÉGRAPHE(S)	JOUR	LIEU	MUSIQUE	LIEN VIDEO	FICHE
07-sept	**OPALITE** (Simon Ward)	**Lundi**	La Verrière	Opalite - *Taylor Swift*	https://www.youtube.com/watch?v=6cXbsi1fXwM	opalite (1).pdf
	HOME TO ME (Gary Lafferty & Alexis Tait)	**Lundi**	La Verrière	Lighthouse - *Jade Helliwell*	https://www.youtube.com/watch?v=uJ8EQ-_wjc0&t=6s	home-to-me (1).pdf
	RHUMBUMBUMBA (Robe Fowler)	**Lundi**	La Verrière	Rhumbumbumba - *2341 Studios*	https://www.youtube.com/watch?v=qEETpfycn5Q	rhumbumbumba-fr.pdf
08-sept	**TELL ME** (Gary O'Reilly)	**Mardi**	La Verrière	Grandpa - *Kalsey Kulyk*	https://www.youtube.com/watch?v=v8gARJurGgE	tell-me-fr.pdf
	ANGEL'S LAMBADA (Colin Ghys, Jose Miguel Belloque, Sébastien Bonnier, Chrystel Durand & Séverine Fillion)	**Mardi**	La Verrière	Lambada (Afro House) - *Afro beats*	https://www.youtube.com/watch?v=gJMSv2vOng4&t=10s	angels-lambada (1).pdf
	LOCA LOCA (Roy Verdonk & Raymond Sarlemijn)	**Mardi**	La Verrière	Loca loca - *DJ XOXO*	https://www.youtube.com/watch?v=J91k8_Tv92g&t=69s	loca-loca (1).pdf
09-sept	**ZOO** (Isabelle Biasini)	**Mercredi**	St Forget	Zoo - *Shakira*	https://www.youtube.com/watch?v=M5VIRrRlWJU&t=135s	zoo (1).pdf
	MR SHOWMAN (Rob Fowler)	**Mercredi**	St Forget	I am the Man - *2341 Studios*	https://www.youtube.com/watch?v=hdTiEYg0G6E&t=89s	mr-showman-fr.pdf
	MY GIRL… MY GIRL… (Uli Elfrida)	**Mercredi**	St Forget	My girl - *Music Travel Love*	https://www.youtube.com/watch?v=byuUSaR0P78&t=138s	my-girl-my-girl (2).pdf
09-sept	**TURN THIS TOWN** (Maddison Glover & Jo Thompson Szymanski)	**Mercredi**	Coignières	Turn this town - *Spencer Hatcher*	https://www.youtube.com/watch?v=nEOkGSklWU4	turn-this-town.pdf
	TANGO WITH TEXX (Rob Fowler)	**Mercredi**	Coignières	Tango with Texx - *DJTEXX*	https://www.youtube.com/watch?v=K3quY9m3FYg&t=127s	tango-with-texx.pdf
	RINKIKI (José Miguel Belloque, Grégory Danvoie & Roy Verdonk)	**Mercredi**	Coignières	Rinkiki - *Micah Palace*	https://www.youtube.com/watch?v=H3zQLlF8eew	rinkiki.pdf
14-sept	**RINKIKI** (José Miguel Belloque, Grégory Danvoie & Roy Verdonk)	**Lundi**	La Verrière	Rinkiki - *Micah Palace*	https://www.youtube.com/watch?v=H3zQLlF8eew	rinkiki.pdf
15-sept	**THE SMILE ON YOUR FACE** (Niels Poulsen & José miguel Belloque)	**Mardi**	La Verrière	When you say nothing at all - *The Whiskey Brothers*	https://www.youtube.com/watch?v=jaUWvg83pE4	the-smile-on-your-face (1).pdf
16-sept	**LOCA LOCA** (Roy Verdonk & Raymond Sarlemijn)	**Mercredi**	St Forget	Loca loca - *DJ XOXO*	https://www.youtube.com/watch?v=J91k8_Tv92g&t=69s	loca-loca (1).pdf
16-sept	**MY GIRL… MY GIRL…** (Uli Elfrida)	**Mercredi**	Coignières	My girl - *Music Travel Love*	https://www.youtube.com/watch?v=byuUSaR0P78&t=138s	my-girl-my-girl (2).pdf
	DONE FOR (José Miguel Belloque Vane & Alison Johnstone)	**Mercredi**	Coignières	Done for - *Max McNown*	https://www.youtube.com/watch?v=qNfTH6TlKKA	done-for (1).pdf
21-sept	**MR SHOWMAN** (Rob Fowler)	**Lundi**	La Verrière	I am the Man - *2341 Studios*	https://www.youtube.com/watch?v=hdTiEYg0G6E&t=89s	mr-showman-fr.pdf
22-sept	**CUP OF JOY** (Hayley Wheatley)	**Mardi**	La Verrière	Can't steal my joy - *Josiah Queen ft. Brandon Lake*	https://www.youtube.com/watch?v=gaPQIcesh64	cup-of-joy.pdf
23-sept	***REVISION***	**Mercredi**	St Forget			
23-sept	**KISS MY GLASS** (Karl-Harry Winson)	**Mercredi**	Coignières	Kiss my glass - *Savannah Jade*	https://www.youtube.com/watch?v=c6EfaZswdy8	kiss-my-glass.pdf
28-sept	**STOMP 2, 3, 4** (Rob Fowler)	**Lundi**	La Verrière	Stomp 2, 3, 4 - *2341 Studios*	https://www.youtube.com/watch?v=QwlG5By_4ik	stomp-234-fr.pdf
29-sept	**WOMAN OF FIRE** (Vanessa Zucchi & Sophie Lecras)	**Mardi**	La Verrière	I'm a Woman - *Solpulse*	à venir	à venir
30-sept	**WE GO LOW** (JM Belloque, C. Ghys, G. Hopin, S. Bonnier, S. Rocafull & G. Scaccianoce	**Mercredi**	St Forget	Go low - *Salvi & Braveboy*	https://www.youtube.com/watch?v=FN4qhXs_uCY&t=4s	we-go-low-fr.pdf
30-sept	**HAIDE** (Roy Verdonk, Raymond Sarlemijn & Darren Bailey)	**Mercredi**	Coignières	Haide - *Helena Paparizou ft. Kemist*	https://www.youtube.com/watch?v=iQMKk-5dock	haide-fr.pdf
05-oct	**IRISH ARABELLA** (Colin Ghys, José Miguel Belloque & Mike Liadouze)	**Lundi**	La Verrière	Arabella - *Nathan Evans & SAINT PHNX*	https://www.youtube.com/watch?v=ick016GbF7I	irish-arabella-fr (1).pdf
06-oct	**DNA** (José Miguel Belloque, JP Madge & Tim Johnson)	**Mardi**	La Verrière	DNA - *Boy Loco*	https://www.youtube.com/watch?v=A0i2h-1D-GE	dna-wdm25 (2).pdf
07-oct	**HAVE NO FEAR** (JM Belloque, G. Danvoie, T. Argyle & D. Trepat)	**Mercredi**	St Forget	No fear - *Jon Reddick*	https://www.youtube.com/watch?v=jzOKD8H1GOk	have-no-fear (1).pdf
07-oct	**5 DIVAS** (JM Belloque, M. Risley, G. Danvoie, E. Van de Pol & K. Sala)	**Mercredi**	Coignières	Primadonna - *First Time Flyers*	https://www.youtube.com/watch?v=4IULBWjszBk	5-divas (2).pdf
12-oct	**ISLAND SEOUL** (Chris Godden & Mark Furnell)	**Lundi**	La Verrière	Island Soul - *MASSIL IA*	https://www.youtube.com/watch?v=wpCR42I1l10&t=51s	island-seoul.pdf
13-oct	**BECAUSE OF YOU** (Raymond Sarlemijn)	**Mardi**	La Verrière	Because of you - *DJ Ilham*	https://www.youtube.com/watch?v=3o4yWP9XOnw&t=45s	because-of-you.pdf
14-oct	**LIGHT UP MY HEART** (Maggie Gallagher)	**Mercredi**	St Forget	The One - *Michael Patrick Kelly*	https://www.youtube.com/watch?v=r8ZNhA6Lq20	light-up-my-heart (1).pdf
14-oct	***REVISION***	**Mercredi**	Coignières			
02-nov	***REVISION***	**Lundi**	La Verrière			
03-nov	***REVISION***	**Mardi**	La Verrière			
04-nov	***REVISION***	**Mercredi**	St Forget			
04-nov	**THE CAPTAIN** (Joshua Talbot)	**Mercredi**	Coignières	Wellerman - *Nathan Evans, 220 KID & Billen Ted*	https://www.youtube.com/watch?v=km0kTnRNeUg	the-captain.pdf
09-nov	**TEDDY'S GONE** (Colin Ghys & Chrystel Durand)	**Lundi**	La Verrière	Gone gone gone - *Tones and I, Teddys Swims, David Guetta*	https://www.youtube.com/watch?v=1Vnnqr9eHa0&t=64s	teddys-gone-fr.pdf
10-nov	**I GOT A SONG** (Marlon Ronkes & Romain Brasme)	**Mardi**	La Verrière	I got a song - *Solomon Ray*	https://www.youtube.com/watch?v=RumsAcOiOH4	i-got-a-song.pdf
16-nov	**BOOTS ON FIRE** (Roy Verdonk & Ivonne Verhagen)	**Lundi**	La Verrière	Boots on fire - *LIAM WRAY*	https://www.youtube.com/watch?v=gDznwYRoYyc	boots-on-fire.pdf
17-nov	**FEEL THIS WAY** (José Miguel Belloque & Guillaume Richard)	**Mardi**	La Verrière	Feel this way - *Martin Andrew Lowery*	https://www.youtube.com/watch?v=GVRELwaYYrU	feel-this-way.pdf
18-nov	**BOOTS ON FIRE** (Roy Verdonk & Ivonne Verhagen)	**Mercredi**	St Forget	Boots on fire - LIAM WRAY	https://www.youtube.com/watch?v=gDznwYRoYyc	boots-on-fire.pdf
18-nov	**ONE MORE FOR THE ROAD** (Fred Whitehouse & Shane McKeever)	**Mercredi**	Coignières	One more for the road - *Ceol*	https://www.youtube.com/watch?v=huFQDKO6iDo	one-more-for-the-road-fr.pdf

Chorégraphies apprises Saison 2026-2027 Inter & Avancées

DATE	DANSES & CHORÉGRAPHE(S)	JOUR	LIEU	MUSIQUE	LIEN VIDEO	FICHE
07-sept	**DANCE A LITTLE DIRTY** (Rob Fowler & Colin Ghys)	**Lundi**	La Verrière	Dance a little dirty - *DJTEXX*	https://www.youtube.com/watch?v=w34D3xNkNTI	dance-a-little-dirty.pdf
07-sept	**CLAP CLAP** (Roy Verdonk & Raymond Sarlemijn)	**Lundi**	La Verrière	Clap clap - *Gran Error, Elvana Gjata & Antonia*	https://www.youtube.com/watch?v=cYPhuA16pDU&t=75s	clap-clap (1).pdf
08-sept	**LITTLE MISS ROCK-A-ROUND** (Roy Verdon, Jonas Dahlgren & Tara Bianco)	**Mardi**	La Verrière	Little Miss Rock-a-round - *Voltage vault Rock n' Roll Music*	https://www.youtube.com/watch?v=AMoDhlzkTmY	little-miss-rock-a-round (1).pdf
08-sept	**FEVER DREAM** (Karl-Harry Winson)	**Mardi**	La Verrière	Fever dream - *Alex Warren*	https://www.youtube.com/watch?v=sjVDH1vZgAE	fever-dream-fr.pdf
14-sept	**HEY LOOK AT THIS LOOK** (José Miguel Belloque Vane)	**Lundi**	La Verrière	Hey, look at this! Look! Hey! - *Aqunos*	https://www.youtube.com/watch?v=jnRBzYG1x_Y&t=25s	hey-look-at-this-look.pdf
15-sept	**HATE ME ALL YOU WANT** (Roy Verdonk & José Miguel Belloque)	**Mardi**	La Verrière	Hate me all you want - *Breaking Dust*	https://www.youtube.com/watch?v=UjkfsA4LPCI	hate-me-all-you-want (1).pdf
21-sept	**DANGEROUS GAME** (Maggie Gallagher)	**Lundi**	La Verrière	Dangerous Game - *Justice B. Gouarison*	https://www.youtube.com/watch?v=SjEHTVpnJAI	dangerous-games (2).pdf
22-sept	**HEY LOOK AT THIS LOOK** (José Miguel Belloque Vane)	**Mardi**	La Verrière	Hey, look at this! Look! Hey! - *Aqunos*	https://www.youtube.com/watch?v=jnRBzYG1x_Y&t=25s	hey-look-at-this-look.pdf
28-sept	***REVISIONS***	**Lundi**	La Verrière			
29-sept	**GOSPEL ALIVE** (Jean-Pierre Madge & José Miguel Belloque Vane)	**Mardi**	La Verrière	Stayin' alive - *Gospel & Choir by 888 Collective*	https://www.youtube.com/watch?v=BdVDI8LAibk&t=73s	gospel-alive (1).pdf
05-oct	**GIDDY UP, GET DOWN** (Maddison Glover & Simon Ward)	**Lundi**	La Verrière	Giddy up - *Twinnie*	https://www.youtube.com/watch?v=5LUouwjGVds&t=74s	giddy-up-get-down (1).pdf
06-oct	***REVISIONS***	**Mardi**	La Verrière			
12-oct	**LOVE BITES BACK** (Niels Poulsen & Simon Ward)	**Lundi**	La Verrière	Love bites back - *Lusaint*	https://www.youtube.com/watch?v=qAAuxlbaThY	love-bites-back.pdf
13-oct	***REVISIONS***	**Mardi**	La Verrière			
02-nov	**I WANNA TRY EVERYTHING** (H. Barton, JM Belloque, G O'Reilly, S Wolf, P Birbaumer & J Dahlgren)	**Lundi**	La Verrière	Try everything - *Home free*	https://www.youtube.com/watch?v=z8jbrIJeKcM	i-wanna-try-everything (2).pdf
03-nov	***REVISIONS***	**Mardi**	La Verrière			
09-nov	**ONE MORE FOR THE ROAD** (Fred Whitehouse & Shane McKeever)	**Lundi**	La Verrière	One more for the road - *Ceol*	https://www.youtube.com/watch?v=huFQDKO6iDo	one-more-for-the-road-fr.pdf
10-nov	**PAPAOUTAI** (Darren Bailey)	**Mardi**	La Verrière	Papaoutai (Afro soul) - *Mikeeysmind, Chill77 & Unjaps*	https://www.youtube.com/watch?v=VCKTXPTs-EA	papaoutai (1).pdf
16-nov	**BODY & SOUL** (Gary O'Reilly)	**Lundi**	La Verrière	Body & Soul - *Chris de Sarandy*	https://www.youtube.com/watch?v=uSEhMd3GHPQ	body-soul-fr.pdf
17-nov	**ORBIT** (Daniel Trepat & mike Liadouze)	**Mardi**	La Verrière	Orbit - *Christopher*	https://www.youtube.com/watch?v=DOuS41nWa4Y&t=193s	orbit.pdf